



# Welcome To Healthcare Reimagined

You've Never Experienced  
Care Like This Before.



*"The whole Vera experience almost seemed too good to be true, it is the way healthcare SHOULD be but never is ... I will be back, it was a great experience. And to be able to come on my lunch break was priceless!"*

Your health is our only focus. That's why we've designed the entire clinic experience with you at the center.

It's only available to you, your family, and your coworkers. You'll have all the time you need with a provider and you won't be rushed out the door. Use the clinic for screenings, chronic disease management, that nagging cough, or that annoying pain in your knee that you've been ignoring.

**Did we mention that all preventive services are FREE?  
It's true.**



The best way to get started is with an Annual Whole Health Evaluation. You can earn all 24 of your Wellness Points in just one 90 minute visit. Call 928.774.3985 to schedule.



# Care You Never Imagined Was Possible

The Annual Whole Health Evaluation is where everything starts. During the evaluation, your care team will get to know you, uncover any health issues, hear about your motivations, and develop a care plan to help you live healthier. This will be the foundation of your ongoing relationship.

It includes three things:



**Biometric Screening**



**Provider Wellness Exam**



**Coaching Connection**

Don't worry. Your personal health information is secure and not available to your employer.

## FAQs

### What if I already have a primary care physician?

No problem — the Vera medical team will be there for you no matter who you see outside the clinic. If you want to keep your primary care physician, consider Vera an extension of your care team. It's even a great idea to put the Vera medical team in touch with your physician so they can give you the exact care you need when you need it. Your health always benefits when everybody communicates.

### How much do I have to pay at Vera if I'm on the high deductible insurance plan?

You'll never have to pay more than \$50 for non-preventive services once you've established care at the clinic. Establish care at the clinic by coming for the first time and pay \$75 – if you're sick or hurt. (Savings tip: if you come in for a preventive appointment with a provider – a doctor or nurse practitioner – you can establish care at Vera for FREE.) Once you've established care at Vera and met your deductible, all services from that point on are FREE. And don't forget, your Health Savings Account will cover any of the fees above.

## Make an appointment

Contact us today to experience the Vera difference. You can earn all 24 of your Wellness Points by completing the Annual Whole Health Evaluation in just one 90 minute visit.

**Call 928.774.3985 to schedule an appointment or Visit [patients.verawholehealth.com](http://patients.verawholehealth.com)**

# Your Vera Clinic

## SERVICES



### PREVENTIVE CARE

Annual Whole Health Evaluation; immunizations; screenings; well women exams; family planning



### CHRONIC DISEASE MANAGEMENT

For example, diabetes; hypertension; depression



### ACUTE CARE

Coughs/colds; wound care; sprains and strains; rashes; urinary tract infections; back pain



### BONUS SUPPORT SERVICES

Health coaching; on-site labs; provider-dispensed medications; specialty care coordination and advocacy

## Address

### Flagstaff Clinic

1500 E Cedar Avenue, Suite 80

p 928.774.3985

[napebt@verawholehealth.com](mailto:napebt@verawholehealth.com)

[verawholehealth.com/napebt](http://verawholehealth.com/napebt)

## Hours of operation

### DAYS

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday:

### HOURS

7:00 am - 6:00 pm

8:00am- 12:00pm

*Calling the clinic after hours will put you in touch with our after hours nurse line.*